

## ‘asylum’

ZERO-G Ltd

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The sixth in a series of  
*Altered States*  
**ZERO-G**



**Andrew Sanderson for  
photography. Assistance also  
by Chris Squire at Impossible  
Theatre, Tim and Vanda Copsey at  
MT™, Alice Sanderson, Steve Guy  
and James Gant, Lucy the Parrot  
and Stan the dog.**

**John Paul at Rubber Biscuit  
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Also a big hello to Nail & Sorrel,  
Bob and Josie Conway,  
James Dougil, Blossom and lastly  
but not least, Hamish at Zero-G.**

**Thanks again everybody.**

**W H I T E R O O M S  
R E H E A R S A L S T U D I O S  
T E L E P H O N E 0 1 4 8 4 6 6 5 0 1 0**


**Cover design by Jo Taylor for Zero-G Ltd.**



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Whelan for flute/sax/vocal/  
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and engineering assistance.



Conception, production and composition  
by Ian Sanderson.  
Feedback welcome: [ianscuckoo@aol.com](mailto:ianscuckoo@aol.com)

**Bed 1** Ward A - Lucky Dip

- 1 Circular Breathing
- 2 Screaming Cello
- 3 Short Crunchy Lump
- 4 Shot Cartoon Monster
- 5 Squawk This Way
- 6 Round The Twist
- 7 Silly Laugh
- 8 Sax Shriek
- 9 Breathing Bass 1
- 10 Electric Storm
- 11 Short Zap
- 12 Short Whistle
- 13 Po-To-Ti
- 14 Short Mad Laugh
- 15 Hoi
- 16 News Flash x2
- 17 Twang
- 18 Dirty Rip
- 19 Short Storm
- 20 Dog Beat/Farf Beat 120 bpm
- 21 Crow Wiper Groove 110 bpm
- 22 Water Machine Groove 105 bpm
- 23 Till Stone Groove 100.7 bpm
- 24 Plane Beat 112.9 bpm

**Bed 2** Ward B - Beat Loops

- 1 Slow Hard Granite Flint Kit 69.2 bpm
- 2 Tough Nuts Kit 74.6 bpm
- 3 Train Line Tunnel 86.3 bpm
- 4 Mr. Soffie (Play Loud) 88.8 bpm
- 5 Dental Burglary (Play quiet) 89 bpm
- 6 Kickless Choppy Snare Tribal Trance 89.3 bpm

- Bed 70**
- 1 Big Rubber Bands
  - 2 Strafing Sax
  - 3 Ocean Horror
  - 4 Interstella Moped
  - 5 Big Fat Bastard
  - 6 Noddy Gets Arrested
  - 7 Breathing Bass 2

- Bed 71**
- 1 Ice Cutter
  - 2 B-Movie Sci-Fi
  - 3 Electro-Didge
  - 4 Whirly Gig
  - 5 World In Action
  - 6 Whirl In Acton

- Bed 72**
- 1 Up & Down Stairs
  - 2 Big Front Door
  - 3 Rainy Whispers
  - 4 Mad Dog
  - 5 Lucy Locket The Parrot
  - 6 Stretchy Barbershop Scream
  - 7 Isn't It Quiet All Of A Sudden
  - 8 1kHz Tone @ Digital 0

Bed 67	1	Projector
	2	Crickets
	3	Stitching Mailbags
	4	Crystal Radio
	5	Submarine Radio
	6	Rhythm Truck
	7	50's Press Camera
	8	Moth Head

Bed 68	1	Floppy Vinyl
	2	Old Reel To Reel
	3	Pantry Door
	4	Horsey Squeaky Violin
	5	Sawing Squeaky Violin
	6	Kissing Squeaky Violin
	7	Singing Fruit Bowls
	8	Compressed Analogue S & H Arp.

Bed 69	1	Pig Sax
	2	War Games
	3	Sea Sax
	4	80's Computer Games
	5	Ablutions
	6	Washy Horn
	7	Dog Worrying Subbass
	8	Oh No! I've Missed The Train

Bed 3	1	Heavy Bastard Destroyed Kit	89.3 bpm
	2	Chika-Chuggin Lumps (Play Loud)	90 bpm
	3	Rubber Dub Dub	90 bpm
	4	Clocky Hats + Symbol	91.5 bpm
	5	African Stick Thump Pump	92.6 bpm
	6	Revox Cardboard Box Kit	92.1 bpm

Bed 4	1	Dirty Confined Singing Metal Trance Kit	94.5 bpm
	2	Four African White Powder Dances	95 bpm
	3	Morse Water Spring	97 bpm
	4	Physchotic Drummer	100.2 bpm
	5	Seagull Pulse	100.5 bpm
	6	Happy To Be Angry	102.1 bpm

Bed 5	1	Seagull Flight	102.1 bpm
	2	Running for The Bus	102.3 bpm
	3	Unhinged	104.8 bpm
	4	Some-one At The Door	104.8 bpm
	5	Gobby	106.7 bpm
	6	Here Comes The Ghost	107.9 bpm

Bed 6	1	Steel Works	108 bpm
	2	Pipe Works	108 bpm
	3	Damn Good Kicking	108.1 bpm
	4	Geiger Beat	109.7 bpm
	5	Jugglers Balls	111.6 bpm
	6	Dusty Log Ping Pong	111.6 bpm

Bed 7	1	Struggle	111.8 bpm
	2	Ghost Chatter Rhythm	114.5 bpm
	3	Wooly	114.5 bpm
	4	Sherbet House	114.5 bpm
	5	Stomper	115.2 bpm
	6	Electric Camera Gun	115.3 bpm

Bed 8	1	Dotty Disco	117.8 bpm
	2	Disco Toilet	117.8 bpm
	3	Kerpluck	118.1 bpm
	4	Spinning Blades	118.4 bpm
	5	Plastic Washboard Flange	120 bpm
	6	Singing Powder Spring	120 bpm

Bed 9	1	Dirty Banana	120.2 bpm
	2	Calcium Sulphate Kit	120.4 bpm
	3	Feckin Crisp Film + Dirty	120.4 bpm
	4	Slappy Typewriter	121.4 bpm
	5	Frozen Biscuits	124 bpm
	6	Polyrhythm Bongo Keys	124 bpm

Bed 10	1	Skip Stop	125 bpm
	2	Ace Electronica Rhythm Ace	126.4 bpm
	3	Spiffle Splash Clank Tish Kit	130.5 bpm
	4	Warehouse Ringing	131.8 bpm
	5	Hawaii 5-0-1 (Play Loud)	133.2 bpm
	6	Chunnel Funnel Pummel	135.1 bpm

Bed 11	1	Tribal Mush	138.6 bpm
	2	Glen Miller Door Knock Massacre	144.2 bpm
	3	Punchy Pop (Play Loud)	144.4 bpm
	4	Spring Snare Soup	147.9 bpm
	5	Part Of Voodoo Chops	206.6 bpm
	6	Kick Stick Trance	207.4 bpm

Bed 12	Ward C - Marc-Layton Bennet		
	1	Full On Steppin	107 bpm
	2	Stipple Brush	75/150 bpm
	3	The Big Chop	92 bpm
	4	Chop Stew Shuffle	127.3 bpm
	5	Basketball	116.7 bpm

Bed 13	1	Four Changeable	91 bpm
	2	With Guitar	91.2 bpm
	3	Crash	134.4 bpm
	4	Thrubadibidub	129.2 bpm

Bed 14	1	Oriental John Bonham	59.9 bpm
	2	Jungle Message	
	3	Shaken Sticks	87.2 bpm
	4	Hairbrush Aerosol	84.9 bpm

Bed 15	1	Spring Toms	88 bpm
	2	Stick Attack	72 bpm
	3	Late Arrival	128.6 bpm
	4	Struttin	90.5 bpm

Bed 16	Ward D - Non Drum Grooves		
	1	Camera In Porridge	68.9 bpm
	2	Asthmatic Duck Laugh	69.7 bpm
	3	Oohah	71.5 bpm
	4	Filter Pulse	72.7 bpm
	5	Pigeon Loop	73 bpm

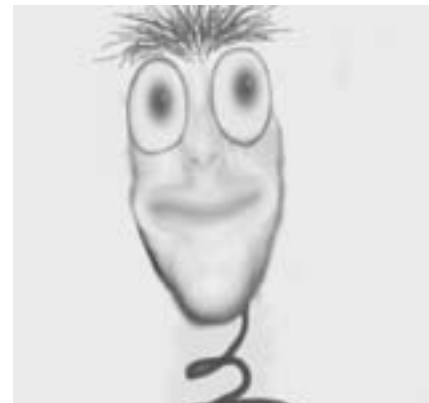
Bed 17	1	Wooly Pop Groove	73 bpm
	2	Running Dog Beat	73.4 bpm
	3	Thumb Piano With Buttons	75 bpm
	4	He-He	75.2 bpm
	5	Bottom Of The Barrel	75.5 bpm

Bed 18	1	Digging Machine Trance	77.1 bpm
	2	Siren Can Chaos	77.4 bpm
	3	Rubber Voice	78.6 bpm
	4	Wide Trance	79.6 bpm
	5	Duckled	85.7 bpm
Bed 19	1	Dunny	82.1 bpm
	2	Snigger Pipe	86.6 bpm
	3	Railings	87.9 bpm
	4	Simons Spring	89.1 bpm
	5	Saw Beat 1	94.1 bpm
Bed 20	1	Spinning Radio	94.9 bpm
	2	Medication Time Arpeggio	95 bpm
	3	Cowboys	96.2 bpm
	4	Squeaky Doll	96.8 bpm
	5	Buzz Spike	97 bpm
Bed 21	1	Saw Beat 2	98.3 bpm
	2	Saw Beat 3	98.5 bpm
	3	Chopper	98.5 bpm
	4	Swinging Ducks	100.2 bpm
	5	Misterons	101.2 bpm
Bed 22	1	Old Drunken Joanna	103.6 bpm
	2	Plane Bike Saw	105.2 bpm
	3	Fun Fair Organ Grinder	106 bpm
	4	Bug Orchestra	106.4 bpm
	5	Swarm Of Laughs	109 bpm
Bed 23	1	Ha Ha Ha Ha Ha Ha Ha	110.3 bpm
	2	Cricket Knockers	114.7 bpm
	3	Steam Rotation	115.4 bpm
	4	3 Beat Bike Spoke	117.2 bpm
	5	Tribe Radio	118 bpm
Bed 24	1	Squirly Bass	118.5 bpm
	2	Choppy Vocal	118.6 bpm
	3	Soldiers Acid Trip	120 bpm
	4	New Medication	120.4 bpm
	5	Mocking Snigger	121 bpm
Bed 25	1	Wish You Weren't Here	123.2 bpm
	2	Mr. Slinky	134 bpm
	3	Man Spinning	136.8 bpm
	4	Old Trumpets	142.9 bpm
	5	Confusion	214.9 bpm

Bed 26	1	Ward E - Strange Bits
	2	Mr. Wobbly Man
	2	Nun Security
	3	Singing Dog Thump
	4	Sewing Machine Lick
	5	Tannoy Feedback 1
	6	Painful Crisps
	7	Sandpaper Arse Wipe
	8	Tiny Salvation Army
	9	Tannoy Feedback 2
Bed 27	1	Tannoy Feedback 3
	2	Scratchy Gravel
	3	Farmyard Animals
	4	Headache Whistle
	5	Playing Darts On Medication
	6	Weirdo One
	7	Weirdo Two
	8	Shock Shriek
Bed 28	1	Squeaky Door
	2	Fizzy Pope
	3	Electro-Vocal Howl 1
	4	Electro-Vocal Howl 2
	5	Electro-Vocal Howl 3
	6	Farty Ducks On Bikes
	7	Sherbet
	8	Roll
	9	Stereo Frequency Bounce
Bed 29	1	Alien Attack
	2	Rice Pudding
	3	Big White Shimmer
	4	Car Shot
	5	Small Thin Smash
	6	Broken Sticks
	7	Dropped Thing
	8	Talking Insects
	9	Twigs
Bed 30	1	Velcro Zip
	2	Knife Sharpen 1
	3	Knife Sharpen 2
	4	Doorbell Zip
	5	Cough
	6	2 Beat Drum
	7	Tin Machine
	8	Zippy
	9	Lumpy

Bed 54	1	Over My Head
	2	Can't Talk Now
	3	Every Single Sound
	4	Mmmmmmm
	5	Mm
	6	Screams - Suicide
	7	Screams - Tearful
	8	Screams - Tense
	9	Screams - Aggressive Fear
	10	British Rail Enquiries
	11	Yeah Yeah Your Bare
	12	Suffocating Voice
	13	'Aaooha'
	14	Scary Laugh
	15	Squelchy Radio
Bed 55	1-9	Warehouse Shouts
	10	Beamed Down In Bits
	11	Chick-Do-Da
	12	Oooooohh Vocal (Libby)
	13	Oohooo Vocal (Libby)
	14	Goblin Laugh
	15	Electric Scream
Bed 56	Ward I - Ambiences	
	1	Salvation Army Band
	2	Football Crowd
	3	Intergalactic Hoovering Horn
	4	Giant's Egg Timer
Bed 57	1	Night Train To Sellafield
	2	Fuzzi Wuzzi
	3	Record Crackle
	4	Accident On Windy Hill
Bed 58	1	Samurai Warrior
	2	Entering Orbit
	3	Deck + Blacker Teeth Sander
	4	Bubble Bath Electrocutation
Bed 59	1	Walking Into The TV
	2	Geese On 78
	3	Swelling Batteries
	4	Being On The Underground
Bed 60	1	Train Spotter
	2	Here Come The Dinner Lady's
	3	Bending Trees
	4	Timstretch Grand Prix
Bed 61	1	Physco Train
	2	Hammer Horror
	3	Leaving The Gas On
	4	Hightertolly Insanity

Bed 62	1	Get You
	2	Winter Seaside Bus Shelter
	3	One Treasured Moment
	4	Medieval Campfire
Bed 63	1	Airodrone
	2	Tiptoe Across A Playing Record
	3	Nightmare
	4	Conditioning
Bed 64	1	Foggy Day
	2	Pigeon Machine
	3	Emotional Earthquake
	4	Bumble Bee Hoover
Bed 65	1	Powering Down
	2	Radio Burn Out
	3	Announcement
	4	Spinning Stretching String
Bed 66	Ward J - Occupational Therapy	
	1	70's Flute
	2	Mission Impossible Flute
	3	Dove Flute
	4	New York Jazz Bass
	5	Road Diggers
	6	Calling the elevator



Bed 48 1 Country Splodge  
2 Country Springy Splosh  
3 Fluorescent Tube Smash  
4 Clang  
5 Record Breaker 1  
6 Record Breaker 2  
7 Squeaky Toy  
8 'A' Wash Guitar  
9 Wind Machine  
10 Circular Saw  
11 Band Saw  
12 Wood Cutter  
13 Pulse Bowed Bowl  
14 Pump Action Screw Driver  
15 Ratchet  
16 Squeaky Glass

Bed 49 Ward H - Vocals  
1-15 Emily Shorts 1-15

Bed 50 1 Inane Laugh  
2 Chuckle Brothers  
3 Stone Lion  
4 Scooby-Doo Baddy  
5 Roaring Frog  
6 One Sick Nutter  
7 Joker  
8 Stereophonic Sound  
9 Kiddie 1  
10 Kiddie 2  
11 No!  
12 Kiddie Laugh  
13 Fwaur  
14 Unfinished Orgasm  
15 Witch

Bed 51 1 Long Sustained Vocal Note  
2 Pussy  
3 Six Vowels - u i i e a a  
4 Two!  
5 Thaiithathithetho  
6 Ki!  
7 I!  
8 Nose Short  
9 A!  
10 Ee!  
11 Pepapotato  
12 Eaargh  
13 Let's Face The Music  
14 Electric Convulsive Therapy Part One  
15 Son Of Mine

Bed 52 1 Venusian Cattle Auctioneer  
2 Lovely Scream 1  
3 Lovely Scream 2  
4 African Runaway Chant  
5 Re-occurring Scream  
6 Hollering  
7 Distressed Elephant Scream  
8 Happy Scream  
9 Low Scream  
10 Short Stereo 'Whoaa'  
11 Dying Screams  
12 Beast  
13 Dry Scream / Wet Scream Cross Fade  
14 Stop  
15 Bunji Jump

Bed 53 1 I've Got A Worm In My Head  
2 Clown Laugh  
3 Midwife Crisis 1  
4 Midwife Crisis 2  
5 Midwife Crisis 3  
6 Lough  
7 'Dii-Hii'  
8 Getting Stoned  
9 Soccer Shocker  
10 Big Slow Hairy Giggles  
11 Chuckle  
12 I Can't Actually Believe  
13 Tickle  
14 Oh Bugger  
15 I Like That

Bed 31 1 Washy Ditty  
2 Spinning Jungle Wheels  
3 Ending  
4 Country Guitar  
5 Electro Compulsive Therapy  
6 Golf ball In A Drum  
7 Clangers  
8 Short Guitar Wobble  
9 Short Guitar High Stuff

Bed 32 1-15 Duck Calls 1-15

Bed 33 1 Slow Guitar Rising  
2 Short Guitar Hero Lick 1  
3 Short Guitar Hero Lick 2  
4 Didgeridon't  
5 Wood Vibrations  
6 Monsters  
7 Big Noise

Bed 34 1 Big Landing  
2 Machine Raspberry  
3 Strimmer Fan Sander  
4 Grinding Bell  
5 Chewing Machine  
6 Squeaky Glasses

Bed 35 Ward F - Very Short Percussive Hits  
1-20 Percussive Hits 1-20

Bed 36 1-20 Percussive Hits 21-40

Bed 37 1-20 Percussive Hits 41-60

Bed 38 1-20 Percussive Hits 61-80

Bed 39 1-20 Percussive Hits 81-100

Bed 40 1-20 Percussive Hits 101-120

Bed 41 1-20 Percussive Hit 121-140

Bed 42 1-20 Percussive Hits 141-160

Bed 43 Ward G - Very Short Strange Noises  
1 Let Off Steam  
2 Arrow In Head  
3 Squeaky Doll  
4 Tunnel Sneeze  
5 Distorted Kick  
6 Hu?  
7 Klang  
8 Bendy Guitar  
9 Dirty Rubber Kick  
10 Urgent Silver  
11 Rushing Orchestra  
12 Orchestra Ending  
13 Cough Suck  
14 Tennis Racket  
15 Running Into A Brick Wall



Bed 44 1 Kiddies Laser Gun  
2 Boing  
3 Funky Guitar 1  
4 Funky Guitar 2  
5 Short Spring  
6 Double Ricochet Shock  
7 Land Of The Giant Hoover  
8 Start A Revolution  
9 Powerdry Soft Bass  
10 Escape  
11 Locked In A Tea Chest Giggle  
12 Buick Across The Harbour  
13 Psycho  
14 Double Pot Washer

Bed 45 1 Car Falling Quickly  
2 Mice Hockey Cheers  
3 Mozart's Fetish  
4 Bass Up A Dolphins Arse  
5 Cracked Over The Head With A Vibratone  
6 Yak Gong  
7 Bore Out The Chunnel  
8 Taking The Piss Out Of A Spider Monkey  
9 Gold Rush  
10 Sucking Jaws Harp  
11 Wo!  
12 Pure Bottle  
13 Rusty Bird  
14 He-He Twins  
15 Rubber Tonsils

Bed 46 1 Zinc Bottle  
2 Rusty Swing  
3 Fizzy Nostrils  
4 Swallow  
5 Belch  
6 O  
7 Gargling Dog  
8 Acid Abbo Didge  
9 Automatic Muddy Camera  
10 Laundry Trike  
11 Slippery Eels  
12 Gulp Dub  
13 P-Pow-P-Pa  
14 Electric Storm 2  
15 Residents  
16 Lick

Bed 47 1 Laughing Shit Flies  
2 Fluorescent Mouse  
3 Gob Bubbles In Mysterious Ways  
4 Frog Spawn Falling From A Great Height  
5 Cartoon Trumpet  
6 Medusa  
7 Acid Jaws Harp  
8 Klondike Harp  
9 Breathly Jaws Harp  
10 Spitty  
11 Spitty 2  
12 Water Carrier  
13 Knife Sharpening Stone  
14 Light Switch  
15 Door  
16 Metal Hit 1  
17 Metal Hit 2

